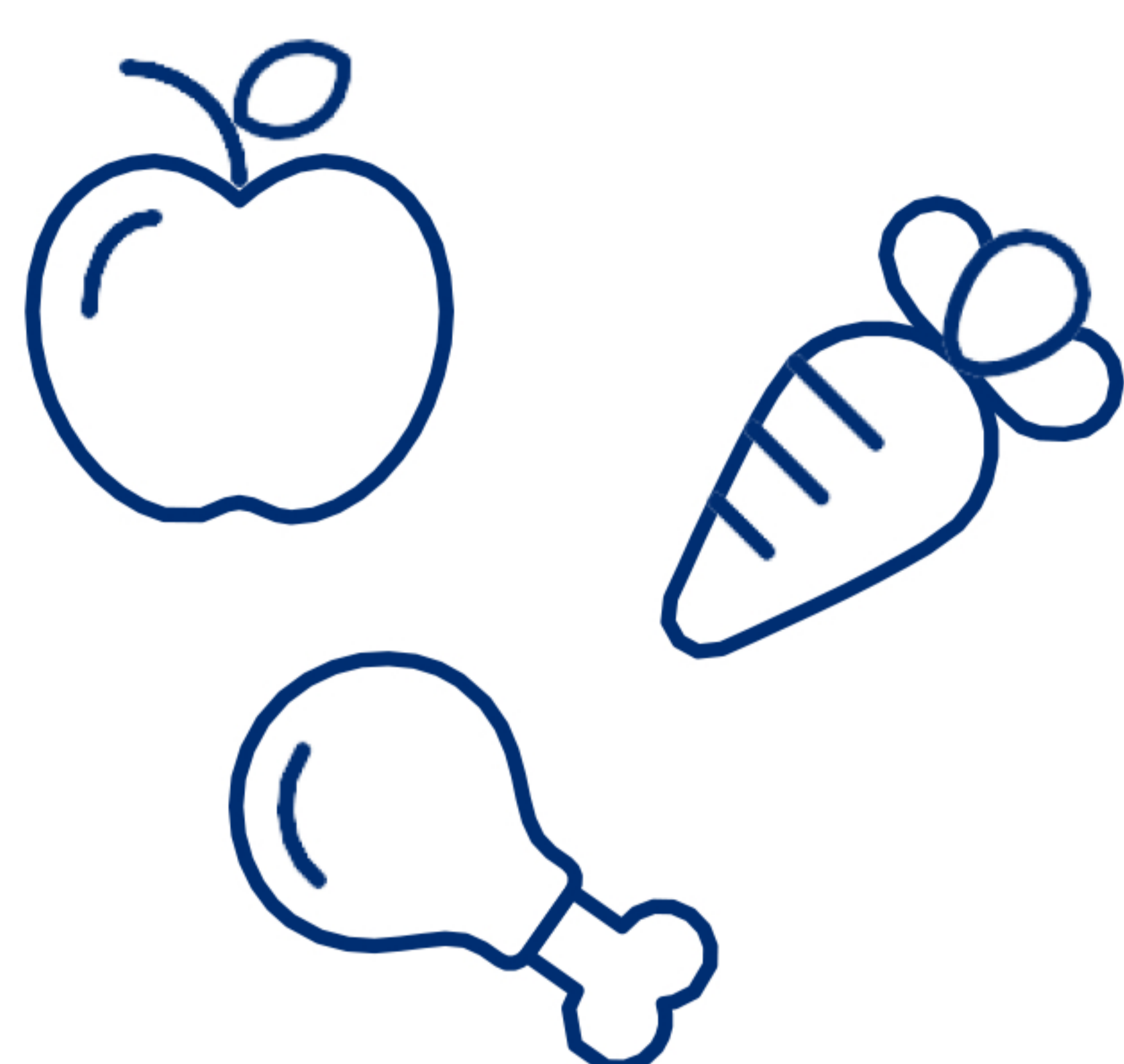


# FOOD INSECURITY



## FOOD INSECURITY

is a lack of access to a sufficient quantity of affordable, nutritious food.



## 1 IN 9 AMERICANS

are food insecure, equating to over 37 million Americans, including more than 11 million children.



## HEALTH ISSUES

such as stress, health complications and chronic disease can be caused by food insecurity.

## RESOURCES

Community food banks and federal assistance programs are available for those in need.

- Find a food bank in your area: [feedingamerica.org/find-your-local-foodbank](https://feedingamerica.org/find-your-local-foodbank)
- Find out if you are eligible for an assistance program: [fns.usda.gov](https://fns.usda.gov)

Source: Feeding America, [feedingamerica.org](https://feedingamerica.org)

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