

PTSD is treatable.

When you're ready to transform your life, we're ready to help.

John Wayne Troxell
Senior Enlisted Advisor to the Chairman of the Joint Chiefs of Staff (Retired)



EMORY HEALTHCARE

Veterans Program

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Healing Invisible Wounds Through Telehealth

*Highly effective, confidential
and free treatment **at home***

EMORY HEALTHCARE

Veterans Program

An estimated 1 in 3 warriors come home with invisible wounds such as PTSD, traumatic brain injury, and depression. We at Emory Healthcare Veterans Program understand that the mental after-effects of military service can make returning home challenging, and we are here to help.

We provide free and confidential evidence-based treatment for post-9/11 veterans and service members struggling with invisible wounds.

Our intensive outpatient program (IOP) is offered in a virtual setting through telehealth. The two-week program provides a year's worth of therapy from the comfort of your own home through a secure video connection via smartphone, laptop, tablet, or computer.

Who is Eligible?

We currently serve veterans and service members who have served at least one day post-9/11 and are struggling with invisible wounds. Warriors are eligible for treatment regardless of discharge status, deployment history, or length of service.

Testimonial:

"I felt comfortable completing the Emory Healthcare Veterans Program intensive outpatient program at home through telehealth. The ease of the internet and being in my own space motivated me to complete the PTSD treatment."

– Intensive Outpatient Program graduate

What We Treat:

We take a collaborative approach to healing, beginning with a comprehensive assessment and individualized treatment provided by top specialists to heal invisible wounds such as:

- Post-traumatic stress disorder (PTSD)
- Traumatic brain injury (TBI)
- Military sexual trauma (MST)
- Alcohol and substance use disorder (SUD) for relapse prevention
- Depression, anxiety, suicidal ideation and behaviors and related conditions

Free, Life-Enhancing Treatment

Service members and veterans receiving treatment from the Emory Healthcare Veterans Program incur no out-of-pocket costs associated with care.

Treatment Through Telehealth

Warriors struggling with invisible wounds have seen drastic improvements in their emotional health and well-being due to treatment provided through the telehealth service.

One graduate credited the ease of accessing therapy through a video call for motivating him to complete the treatment. Others have mentioned benefits such as not worrying about traffic or spending time in the waiting room.

How it Works

Once accepted into the program, your case manager will help prepare you for each virtual therapy session. Zoom is our HIPAA-compliant platform, so you can feel safe knowing your session is private and secure. The therapy session links are emailed before the appointment time. Simply click the link to start the session and wait for your provider to arrive.



Telehealth services include:

- Daily individual and group therapy
- Wellness coaching such as yoga and physical fitness training
- Family services to enhance relationships
- Care management to connect warriors to local resources
- Medication education
- The opportunity to connect with other warriors

Additional benefits include:

- Free, evidence-based treatment
- Quick access to care from a phone, tablet or computer
- Reduced risk and hassle related to traveling during the COVID-19 pandemic
- Technical assistance, equipment and accommodations to access web-based services

Treatment works, and now is the time to focus on your mental health. If you are a post-9/11 warrior struggling with invisible wounds, call **888-514-5345** to speak with a veteran care coordinator today.