

Adult Day Program

When people with dementia, like Alzheimer's Disease (AD) or a related disorder, begin to need additional stimulation and activities it is time to consider an adult day program. These programs are more structured and supervised than traditional senior center programs.

Families are often reluctant to take the step of enrolling their family member in a day program and anticipate a negative response to the idea from the person with dementia. Initially many people with dementia do express verbal resistance to attending a day program. However, the benefits of increased activity make pressing forward very important. Families have to get very creative about how they present the concept of a "Day Program". Recently a woman told her husband with AD that everyone did some kind of work to contribute to society and he needed to be a volunteer at this "senior program." He accepted the idea that "everyone goes to work" and made a successful adjustment to the day program. Another resourceful caregiver used the term "Jane's Place" to describe the day program and this seemed to overcome his wife's resistance. Each family has to be creative about how to introduce the concept of a day program.

Families often say the structure, socialization and activities that are offered in adult day programs stimulate the person with dementia in a very positive way although. Caregivers also report benefits to themselves when they are able to engage in activities other than caregiving. The time their loved one is in the day program offers the caregiver time to run errands, do household chores, go to their own medical appointments, get exercise, relax, play bridge and numerous other activities. Caregivers often tell us that it takes a month or more of regular attendance before they begin to relax and accomplish their own goals. The caregiver has a time of adjustment, just like their family member who is attending the program.

Do not expect your family member to be joyful about attending, at least in the beginning. It takes everyone time to adjust to a new experience in their life. The day program you choose should be able to help your family member settle into their routine. Participants should attend a minimum of 2 or 3 times a week to receive the most benefit.

Expect that it may take one to two months to realize the benefits to the person with dementia and to the caregiver.

The time to look for a day program is before you need one. Programs are often open from four to 11 hours a day and typically cost \$35 to \$85 per day. Meals and snacks are often provided. Subsidized slots are available at some centers. A few day programs provide transportation, although you usually have to pay extra for this service. Some assisted living facilities also offer daycare. This may allow a family to have the person with Alzheimer's stay in a familiar environment if they need to go out of town.

Where to Start:

1. Review the following pages to locate daycare programs near your home.
2. Call the facilities and talk with the day care center staff about the program.
3. Visit the day care program without your family member the first time. This will allow you to focus on the program and discuss how to introduce your family member to the day care program.
4. Gather the necessary paperwork required for daycare enrollment.

Adult Day Program List – Metro Atlanta by County

Originally compiled from the “Enhances Service Providers” databases. For an updated list or to see adult daycare centers or other senior support services in Georgia go to:

<https://www.empowerline.org/> or call 404-463-3333

BARROW COUNTY

Winder Barrow Adult Day Care Center

•NOW OPEN: M-F 7:30a-3:30p

63 Lee Street

Winder, GA 30680

678-425-0718

CARROLL COUNTY

~~Stewart’s Village Adult Day Health Center~~

•Now a home care service

224 S Candler Street

Villa Rica, GA 30180

770-459-2048

<http://www.stewartsvillage.com/>

CHEROKEE COUNTY

Benton House of Woodstock

•NOW OPEN: M-F 9a-5p

3385 Trickum Rd.

Woodstock, GA 30188

678-494-4500

<https://www.bentonhouse.com/senior-living-woodstock-ga/>

Lotus Adult Day Center

•NOW OPEN: M-F 8a-5p

4595 Towne Lake Pky

Woodstock, GA 30189

678-653-4775

<https://www.lotusadultcenter.com/>

CLAYTON COUNTY

March 2021

Alzheimer’s Services Center

•Unsure when they will open back up

7251 Mt. Zion Circle

Morrow, GA 30260

770-603-4090

<http://www.asc-ga.org/>

Christ the King Day Habilitation Services

•NOW OPEN: M-F 9a-3:30pm

5155 Scofield Road

College Park, GA 30349

404-767-4171

Governors Glen

•NOW OPEN

5000 Governors Drive

Forest Park, GA 30297

404-362-0404

<https://governorsglen.com/>

Jonesboro Adult Health & Day Support Center

•OPEN M-F 8:30-2:30

8896 Tara Boulevard Building 300

Jonesboro, GA 30236

770-210-0631

<http://www.jahdsupportcenter.com/>

SarahCare of Riverdale

• OPEN: T-R 7:00-4:30

286 Highway 138 SW, Suite C

Riverdale, GA 30274

678-565-2779

<http://sarahcare.com/riverdale/>

Trinity Care Adult Day

•OPEN: T-R 8:30-2:30

1483 John Robert Dr., Suite B
Morrow, GA 30260
770-703-6721
<http://www.trinitycareadc.com/>

COBB COUNTY

Aloha to Aging

- **NOW OPEN: M,W 1p-3p**

2881 Canton Rd
Marietta, GA 30066
678-439-1177
<http://www.alohatoaging.org/>

Serenity Adult Day Care Center, LLC

- **OPEN: M-F 7a-6p**

4279 Austell Powder Springs Road
Powder Springs, GA 30127
678-324-1237
<http://www.serenityaduldaycare.com/>

Skylark of Cobb

- **OPEN: M,W,F 8-4p**

120 Interstate N Parkway East, SE, Suite 420
Atlanta, GA 30339
404-410-1512
<http://www.skylarkseniorcare.com/>

Woodland Ridge

- **Unclear on days- calling me back, must be fully vaccinated**

4005 South Cobb Drive
Smyrna, GA 30080
770-431-7055
<https://www.woodlandridge.org/>

DEKALB COUNTY

Adult Day of Dunwoody
March 2021

- **OPEN: M-F 8-5:30p**

One Dunwoody Park; Suite 123
Dunwoody, GA 30338
770-551-2722
<http://aduldayofdunwoody.com/>

Benton House of Decatur

- **NOW OPEN: M-F 9a-5p**

2711 Lawrenceville Hwy
Decatur, GA 30033
404-386-3773
<https://www.bentonhouse.com/senior-living-decatur-ga/>

Harriet G Darnell Senior Multipurpose Facility

- **Closed until further notice**

677 Fairburn Rd. NW
Atlanta, GA 30331
404-613-8580
<http://emmadarnell.com/harriett-g-darnell-senior-multipurpose-facility/>

Menax Adult Day Care Center

- **Unable to reach, phone # disconnected**

2732 Lawrenceville Highway
Decatur, GA 30033
770-938-1418
<https://www.menaxhealthcare.com/>

New Jerusalem Adult Day Health

- **OPEN: M-F 8-2p**

5721 Miller Grove Road
Lithonia, GA 30058
770-981-7408

Plymouth Harbor Day Program

- **OPEN: T, Th, F 10-3p**

2676 Clairmont Road
Atlanta, GA 30329
404-633-4505

<http://plymouth-harbor.org/about/>

Rem-Kiks Adult Day Health

- Closed d/t COVID

970 South Hairston Road
Stone Mountain, GA 30088
404-299-7460

<http://www.remkikshealthcare.com/pg1.html>

Royal Adult Day Services

- OPEN: M-R 9a-3p

6212 Memorial Drive
Stone Mountain, GA 30083
770-465-4700

<http://www.royaladulday.com>

Stay Well Care Solutions

- Closed d/t COVID

22 Executive Park Drive, Suite 2250
Atlanta, GA 30329
404-551-2363

<https://www.staywellcarega.com/>

Meals on Wheels Atlanta Adult Day

- No longer open, merged with Skylark locations

1705 Commerce Drive, N.W.
Atlanta, GA 30318
404-351-3889

<https://mowatl.org/>

DOUGLAS COUNTY

Benton House of Douglasville

- NOW OPEN: M-F 9a-5p

4999 Prestley Mill Rd.
Douglasville, GA 30135
770-942-9449

March 2021

<https://www.bentonhouse.com/senior-living-douglasville-ga/>

In Loving Hands Adult Day & Health, LLC

- OPEN: M-F 8a-4:30p

6585 Spring Street
Douglasville, GA 30134
678-653-8725

Walton Nursing & Adult Day Health

- OPEN: M-F 9a-3p

561 Thornton Road, Suite Z
Lithia Springs, GA 30122
770-943-6768

<https://waltoncommunityservices.com/>

FAYETTE COUNTY

Ashley Glen

- OPEN: Case by case basis

441 Prime Point
Peachtree City, GA 30269
770-631-0205

<https://colonialoaks.com/locations/ashley-glen>

FORSYTH COUNTY

Forsyth County SC - The Sunshine Club

- NOW OPEN: M, W 11a-3p

2115 Chloe Road
Cumming, GA
770-781-2178 ext 5061

FULTON COUNTY

Christian City

- Assisted living only

7290 Lester Road
Union City, GA 30291
770-703-2667

<https://christiancity.org/>

Dorothy C. Benson Senior Multipurpose Complex

- **Planning to open around July/August**

6500 Vernon Woods Drive, Bldg. A

Sandy Springs GA 30328

404-613-4900

<http://www.bensoncenter.org/>

Fellowship Senior Day Care Center

- **OPEN: M-F 8a-4p**

4530 Janice Drive

College Park, GA 30337

404-766-6498

<http://fellowshipadh.com/>

H.J.C. Bowden Multipurpose Senior Complex

- **Unable to reach**

2885 Church Street

East Point, GA 30344

404-613-6131

Harriett G. Darnell Senior Multipurpose Facility

- **Unable to reach**

677 Fairburn Road N.W.

Atlanta, GA 30331

404-613-7513

Helene S. Mills Senior Multipurpose Facility

- **Planning to open in August with limited capacity**

515 John Wesley Dobbs Avenue NE

Atlanta, GA 30312

404-613-5820

MedSide

- **Calling me back**

1120 Hope Rd.

Sandy Springs, GA 30350

March 2021

404-MED-SIDE

<http://www.medside.com/>

Sexton Hall

- **OPEN: M, W 11-3p**

2115 Chloe Rd.

Cumming, GA 30041

770-781-2178

<https://www.forsythco.com/Departments-Offices/Senior-Services/Sexton-Hall>

GREENE COUNTY

Excell Adult Day Care Center

- **OPEN: M-F 8a-3p**

504 Martin Luther King Dr.

Greensboro, GA 30642

706-453-7756

<http://excelladc.com/>

GWINNETT COUNTY

Benton House of Grayson

- **NOW OPEN: M-F 9a-5p ***

2270 Loganville Hwy

Grayson, GA 30017

770-682-7777

<https://www.bentonhouse.com/senior-living-grayson-ga/>

Benton House of Sugar Hill

- **NOW OPEN: M-F 9a-5p**

6009 Suwanee Dam Rd.

Sugar Hill, GA. 30518

770-904-0099

<https://www.bentonhouse.com/senior-living-sugar-hill-ga/>

Calvin Cove Day Program

- **Closed d/t COVID**

2208 East Main Street

Snellville, GA 30078

770-979-9676 x232

<http://www.wpcsnellville.org/outreach/local/calvin-cove/>

CKCG Health of Norcross

- **Closed d/t COVID**

5995 Oakbrook Pkwy Ste B

Norcross, GA 30093

770-209-9998

<http://www.ckcghealth.com/services-2/adult-day-care/>

Grace Arbor - First United Methodist Church of Lawrenceville

- **OPEN: M, T, R, F 10a-3p**

395 West Crogan Street

Lawrenceville, GA 30046

770-963-0386 XT126

<https://www.garespitemcare.com/>

Haengbok Adult Day Healthcare Center

- **Closed d/t COVID (est. reopening July)**

6000 Live Oak Parkway, Suite 103

Norcross, GA 30093

770-447-4898

Peachtree Christian Health

- **OPEN: M-F 7a-6p**

3430 Duluth Park Lane

Duluth, GA 30096

678-374-1284

www.pchlec.org

Skylark at Johns Creek

- **OPEN: M-F 8a-4p**

4265 Johns Creek Pkwy, Suite B

Johns Creek, GA 30024

404-738-7449

March 2021

<https://www.skylarkseniorcare.com/johns-creek-adult-day-care/>

Tender Living Care

- **OPEN: M, W, F 8-4p**

2151 Fountain Dr., #203

Snellville, GA 30078

404-368-9765

<http://www.tenderlivingcare.net/>

HENRY COUNTY

Benton House of Stockbridge

- **NOW OPEN: M-F 9a-7pm**

201 Evergreen Terrace

Stockbridge, GA 30281

770-389-3889

<https://www.bentonhouse.com/senior-living-stockbridge-ga/>

Mt. Carmel Assisted Living

- **Closed d/t COVID**

3084 Mt. Carmel Road

Hampton, GA 30228

770-946-3376

<https://www.mountcarmelassistedliving.com/Adult-Day-Care.aspx>

NEWTON COUNTY

Benton House of Covington

- **OPEN: M-F 9-5p**

7155 Dearing Road

Covington GA 30014

770-788-6660

<https://www.bentonhouse.com/senior-living-covington-ga/>

ROCKDALE COUNTY

S. Ellis Adult Day Care Services

- **OPEN: M-F 6a-6p**

1229 Salem Gate Way SE

Conyers, GA 30013

770-679-4503

WALTON COUNTY

Walton County Mobile Day Care

- **No longer providing adult care programs**

1400 South Madison Avenue

Monroe GA 30655

770-267-6589