
EGD INSTRUCTIONS

An **EGD** is a procedure that enables your physician to examine the lining of esophagus, stomach and duodenum (beginning of small intestine) for abnormalities by using a small flexible tube with a video chip on the end.

Seven Days Prior to Your EGD

- Discontinue **iron preparations**
- If you are taking **anticoagulants** such as Coumadin, heparin, Pradaxa, Lovenox, or Plavix, these medications may need to be stopped between 1 and 7 days prior to the procedure depending on the medication used and the procedure to be done. Please contact your prescribing physician for recommendations on when or if ok to stop well in advance.

The Day of Your EGD

- You can drink clear liquids up until 3 hours before your procedure. **No solid food at all.**
 - You can take your usual blood pressure medications in the morning with a sip of water.
 - No jello at all
- **Three hours before your EGD, you should NOT drink any more liquids.**

**FAILURE TO FOLLOW THESE INSTRUCTIONS MAY LEAD
TO POSTPONEMENT OR CANCELLATION OF YOUR
PROCEDURE**

Your procedure is scheduled with Dr. _____

Please arrive one hour prior to your procedure at _____ AM/PM
to Emory Clinic Endoscopy Center located at:

___ 1365 Clifton Road Building B 1st floor Atlanta, GA 30322

___ 4555 North Shallowford Road, Dunwoody, GA 30338

You may wish to bring reading material, socks, a sweater or a light wrap. Please leave all valuables at home. If you have any questions about these instructions please call 404-778-3184 and ask to be connected with the nurse during working hours. For urgent problems after hours ask to speak with the GI fellow on call. **A RESPONSIBLE ADULT MUST DRIVE YOU HOME AFTER THE EXAM. For your safety, a cab or city bus is not permitted.**

Our goal is to provide you with the highest quality of care, in a timely manner. As such, late cancellations or missed appointments can delay access for other patients awaiting care. Please be aware that the ASC Endoscopy Unit has a late cancel and missed appointment policy.

We understand that things may come up and you may need to reschedule or cancel your appointment. If so, please call us **at least 2 business days in advance** of your appointment. If for some reason you are unable to attend and you do not notify us 2 business days in advance, there will be a **\$100.00 charge**. Please give us a call at **404-778-3184** for any schedule changes. Thank you and we look forward to serving you.
