

Patient Name _____

D.O.B. ____/____/____ Height & Weight **OR** BMI _____ Preferred Patient Phone #: (____) _____

REQUESTING PROVIDER PHONE AND FAX: _____

REQUESTING PROVIDER (printed): _____ (signature): _____ date _____

LAB STUDY and/or OFFICE VISIT OPTIONS:

Overnight Sleep Diagnostic Study 1st, followed by Clinic Visit w/ Sleep Doctor for results

If Lab study denied due to insurance (check choice below) ↘

→ Proceed with Home Sleep Test --- **OR** ---- Notify me for peer to peer

Clinic Visit w/ Sleep Doctor

Overnight Sleep Study Only (follow up with ordering physician)

STUDY TYPE: _____

Home Sleep Test (please indicate if follow up preference is with Sleep or Referring doc: _____)

Sleep Specialist Review:
 Date: _____ Initials: _____
 Comments: _____

**HISTORY & PHYSICAL EXAM NOTES DOCUMENTING SPECIFIC SLEEP COMPLAINTS
 MUST BE IN EMORY EMR OR FAXED WITH ORDER (Required for scheduling)**

DIAGNOSIS, HISTORY and SYMPTOMS for study: It is critical we have this information for authorizing test and showing medical necessity. Most recent office note should reflect this rationale and be available.

Diagnosis

- Obstructive Sleep Apnea (G47.33)**
- Unspecified Sleep Apnea (G47.30)**
- Central Sleep Apnea (G47.31)**
- Hypoventilation Syndromes (G47.36)**
- Narcolepsy (G47.41)**
- Hypersomnia (G47.10)**
- Parasomnias (G47.50)**
- Periodic Limb Movement (G47.61)**
- Restless Leg Syndrome (G47.62)**
- Insomnia (G47.00)***** (absent other suspected diagnoses refer to clinic)

Past Medical History

- Sleep Apnea**
- Current CPAP Use**
- Prior CPAP Use**
- Hypertension**
- Cardiac Disease History**
- Stroke**
- Pulmonary Hypertension**
- Nocturnal oxygen desaturation or cardiac arrhythmias during sleep**
- Obesity BMI >30 Kg/m2 _____**
- Parkinson's Disease**

Symptoms (check all that apply)

- Witnessed apneas during sleep**
- Epworth > 10 (Score: _____)**
- STOP-Bang > 3 (Score: _____)**
- Awakens with choking or gasping**
- Persistent snoring**
- Daytime sleepiness**
- MVC, sleeping while driving**
- Hallucination (type: _____)**
- Sleep paralysis**
- Narcolepsy w/cataplexy or w/o**
- Violent sleep behavior**
- Periodic limb movements**

SPECIAL NEEDS AND INSTRUCTIONS:

- Study should be performed on oxygen; liter flow: _____
- Patient uses walker, wheelchair, requires assistance for mobility
- Patient should wear dental appliance for study
- Incontinence
- Allergies: Tape Latex Talc
- Interpreter required:
- Medication Adverse Reaction: _____
- Significant cognitive impairment:

Office Use: _____