



College Park Skyhawks Military Appreciation Night

Last week, the College Park Skyhawks featured the Emory Healthcare Veterans Program during their military appreciation game against the Maine Celtics.

Together, we shared the message that no one has to be alone when struggling with invisible wounds. Help is always available.

Thank you, College Park Skyhawks, and congratulations on your victory!



MARCH IS TRAUMATIC BRAIN INJURY AWARENESS MONTH

How much do you know about Traumatic Brain Injuries (TBIs) and the Emory Healthcare Veterans Program?

Which of the statements below is true?

- A) Concussions are mild TBIs
- B) TBIs are invisible wounds that can affect both physical and mental health
- C) TBIs can be treated using evidence-based care
- D) Emory Healthcare Veterans Program has treated more than 100 warriors with traumatic brain injuries
- E) We provide free and confidential care for post-9/11 veterans and service members who are struggling with TBIs
- F) All of the above

All of the statements are true! If you are a post-9/11 veteran or service member grappling with a TBI, the Emory Healthcare Veterans Program is ready to help. Call **888-514-5345** to learn more about our Intensive Outpatient Program today.

BY THE NUMBERS

Intensive Outpatient Program since March 2020

91

Warriors completed the IOP via telemedicine

250

Warriors completed the hybrid in-person IOP

104

IOP active-duty participants

237

IOP veteran participants

Dr. Rothbaum Received Lifetime Achievement Award

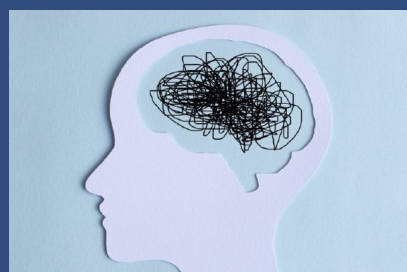
Please help us congratulate our Executive Director, Dr. Barbara Rothbaum, for receiving the 2021 Lifetime Achievement Award from the [International Society for Traumatic Stress Studies \(ISTSS\)](#).

For more than 30 years, Dr. Rothbaum has led the field of psychiatry in effective interventions for post-traumatic stress disorder (PTSD), including her foundational work in Prolonged Exposure Therapy. She has also pushed treatment into virtual reality and other new settings, with the aim of greatly increasing treatment efficacy and access for those suffering from anxiety and PTSD.

Thank you, Dr. Rothbaum, for your dedication to innovating PTSD care, and congratulations on this incredible achievement!



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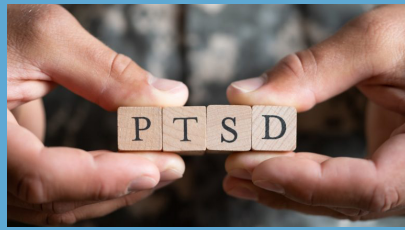


[Read More](#)

Common Misconceptions about Traumatic Brain Injury

Did you know an estimated 85% of veterans experienced a traumatic brain injury (TBI) during their time in service? There are many misconceptions about what TBIs are, including the belief that they are permanent and unable to be treated. The Emory Healthcare Veterans Program wants to dispel these misconceptions by explaining how evidence-based treatment helps warriors struggling with TBIs live fulfilling and functional lives.

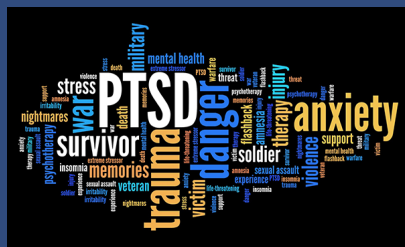
Providing Hope with One More Day



[Listen Now](#)

Our Deputy Director, Dr. Sheila Rauch, was a featured guest on a webinar hosted by "One More Day," a Veteran Service Organization whose mission is to end veteran suicide. She shared how the Emory Healthcare Veterans Program's evidence-based care heals invisible wounds and transforms the lives of our warriors.

"We set up a holistic, individualized treatment care plan for each veteran. Our enhanced case management helps prepare participants for our program as well as transition them out, so they're connected with support once they leave and can maintain their gains for the long haul."



[Read Now](#)

Transforming Lives and Removing Barriers to Care

The invisible wounds of military service can remain long after a warrior's military service has ended, taking many forms – frequent nightmares, jumping at sudden noises, feeling withdrawn or disconnected, and more. In a discussion on the radio show "The Weekly Checkup," Deputy Director Dr. Sheila Rauch and Executive Advisor Lt. Gen. (ret.) Burke Garrett spoke about how the Emory Healthcare Veterans Program treats PTSD and removes barriers to care.



[Transform Your Life](#)

Transform Your Life with Free, Confidential Care

The Emory Healthcare Veterans Program treats conditions such as post-traumatic stress disorder (PTSD), traumatic brain injury (TBI), military sexual trauma (MST), anxiety, and depression related to military service.

Treatment is free and confidential for eligible post-9/11 veterans and service members, living anywhere in the United States, regardless of discharge status, deployment history, or length of service. The two-week Intensive Outpatient Program is offered in-person at our clinic or via telehealth in eligible states.

When you're ready to transform your life, we're ready to help. Call 888-514-5345 to speak with a veteran care coordinator today or fill out this private form and we will contact you.



[Heal Invisible Wounds](#)

Help Us Heal Invisible Wounds

Because of our donors' generous gifts, we have made incredible progress in serving veterans and service members.

Please help us continue to provide innovative care by donating to the program. Your gift will help transform, and possibly save, the lives of our nation's heroes.



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