

EMORY
HEALTHCARE

Veterans Program

Last month, we celebrated the Emory Healthcare Veterans Program's (EHVP) fifth anniversary! We are grateful for everyone who has supported us through the years. To our program graduates, thank you for trusting us with your care. To our program champions, thank you for spreading the word that treatment works. And to our partners and donors, thank you for your commitment to making EHVP the international center of excellence that it is. We are grateful for the past five years and are looking forward to the years to come.



Serving Warriors During the COVID-19 Pandemic

In light of the COVID-19 pandemic, and with our team and warriors' health in the forefront of our minds, the Emory Healthcare Veterans Program (EHVP) paused our in-person treatment services in March in an effort to slow the spread of the virus. We continued intakes over the phone and our traditional outpatient services over telehealth. Our centerpiece, the Intensive Outpatient Program (IOP), was quickly transformed into a telehealth model so that we could continue to treat warriors suffering from invisible wounds, despite the pandemic.

After careful consideration, and following CDC and Emory's Infection Prevention guidelines, we re-opened the in-person IOP in June. This model involves patients traveling to our clinic and receiving some services face-to-face and some virtually, from their hotel room or an office space. Safety protocols, such as universal masking, limited cohort capacity, separate patient rooms and lounge areas, and daily temperature

aready and daily temperature screenings are in place to ensure our warriors' and team members' health and comfort.

Read more about how we are serving warriors during these challenging times.

[Read More](#)

Dr. Karen Drexler Joins EHVP Team

We are pleased to announce that Karen Drexler, M.D. has joined our team. She will be providing direct patient assessment and treatment related to substance use and disorders as well as consultation to our EHVP providers to improve and enhance treatment and clinical programming.

Dr. Drexler currently serves as Medical Director for the American Academy of Addiction Psychiatry and as an Emory University Clinical Associate Professor in Psychiatry and Behavioral Sciences.

Dr. Drexler graduated from Duke University School of Medicine and completed her psychiatry residency at Wilford Hall US Air Force Medical Center in San Antonio, Texas. She served four years as a psychiatrist and Medical Director of the Alcohol Rehabilitation Center at Wright-Patterson Air Force Base and on the faculty at Wright State University School of Medicine in Dayton, Ohio. In 1994, she returned home to Atlanta and directed the Substance Use Disorder Treatment Program at the Atlanta VA Medical Center and the Addiction Psychiatry Fellowship at Emory University before transferring to the VA Central Office in 2014 as the National Mental Health Program Director for Substance Use Disorders. Her research interests include health services and translational research in addiction prevention and treatment.



EHVP Advisory Council

We are excited to announce the launch of our new Advisory Council and honored to highlight its members: Command Sergeant Major (ret.) Chris Greca, Command Sergeant Major (ret.) Pat McCauley, Lieutenant General (ret.) Nadja West, Senior

Enlisted Advisor to the Chairman (ret.) John Wayne Troxell, and Sergeant Major (ret.) Anthony Spadaro.

Advisory Council members enable our program to expand organizational capacity, reach, and impact in ways that help fulfill our mission of healing the invisible wounds of military service. We are deeply grateful for their commitment as we embrace our mission together!

[Learn More](#)

ANNOUNCING Our New Advisory Council!

EMORY
HEALTHCARE
Veterans Program



Christopher Greca
Command Sergeant Major (ret.)



Patrick McCauley
Command Sergeant Major (ret.)



Nadja West
Lieutenant General, USA (ret.)



John Wayne Troxell
Senior Enlisted Advisor
to the Chairman (ret.)



Anthony Spadaro
Sergeant Major (ret.)

*"Their inspired leadership helps us fulfill
our mission of healing the invisible wounds
of military service."*

Barbara Rothbaum, Ph.D., ABPP,
Executive Director, Emory Healthcare Veterans Program

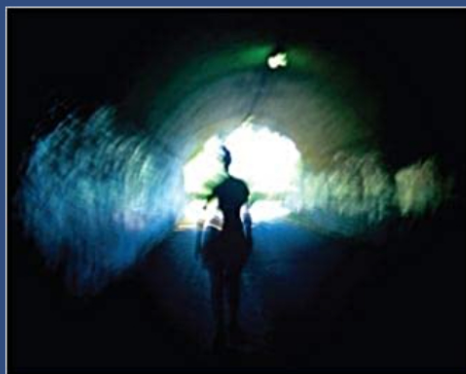
emoryhealthcare.org/veterans | 888-514-5345

By the Numbers: Since Our Opening in 2015

2,328 warrior served

41,135 hours of therapy provided

5 ongoing research studies to improve PTSD treatment



PTSD

WHAT EVERYONE NEEDS TO KNOW

BARBARA O. ROTHBAUM
and SHEILA A. M. RAUCH

PTSD: What Everyone Needs to Know®

What is posttraumatic stress disorder (PTSD) and who experiences it? Why do some people develop PTSD after a traumatic event while others do not? These questions and many more are answered in *PTSD: What Everyone Needs to Know®*, written by EHVP's Executive Director, Dr. Barbara Rothbaum, and our Deputy Director, Dr. Sheila Rauch.

The book covers different types of traumatic events, how experiences can affect people differently, and how PTSD treatment works.

Dr. Jessica Maples-Keller Awarded Research Grant

COMPASS Pathways, a company dedicated to connecting mental patients to evidence-based mental health care, awarded EHVP clinician, Dr. Jessica Maples-Keller, and colleague, Dr. Sierra Carter from Georgia State University, an educational grant.

Through the grant, Drs. Maples-Keller and Carter will investigate attitudes towards psychedelic therapy, such as psilocybin and MDMA, in underprivileged communities. The goal of this work is to develop culturally-informed psilocybin therapy for depression and other mental health conditions.

[Read More](#)



Second Lady Pence Visits EHVP

We were honored to host Second Lady Karen Pence, Department of Defense Deputy Secretary David Norquist and his spouse Mrs. Stephanie Norquist, Department of Veterans Affairs Acting Deputy Secretary Pamela Powers, Mrs. Leah Esper, spouse of Secretary of Defense Mark Esper, and Office of Force Resiliency Executive Director Dr. Elizabeth Van Winkle to help raise awareness about healing invisible wounds.

[Learn More](#)



Emory President Gregory Fennes Visits EHVP

Emory University's newly appointed President, Gregory Fennes, visited EHVP in honor of Veterans Day. He toured the Wounded Warrior Project® Brain Health Suite and spoke with a graduate of the Intensive Outpatient Program.

[Watch the Video](#)



EHVP Featured in *Your Fantastic Mind*

EHVP's Dr. Rothbaum and Dr. Rauch were featured in the "Your Fantastic Mind" season 2 premiere. Using their evidence-based treatment model for warriors, they partnered with New York University to create a COVID-19 mental health guide.

[Watch the Episode](#)

[Read the Guide](#)



Dr. Rothbaum Joins Wounded Warrior Project® for Yahoo! News Town Hall

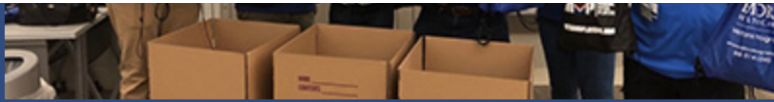
Dr. Rothbaum discussed the urgent issues of mental health and suicide prevention for warriors during a virtual town hall with Wounded Warrior Project's CEO, Lieutenant General (ret.) Mike Linnington, and VP of Mental Health and Independence Services, Lieutenant Colonel (ret.) Michael Richardson.

Warriors Taniki Richard and Jason Foster shared their struggles with invisible wounds and their experiences seeking treatment through the Warrior Care Network®.

"You wouldn't go into battle alone, and you don't have to fight PTSD alone."

[Watch the Town Hall](#)





EHVP Sponsors Georgia Army National Guard Unit

The EHVP team sponsored a deployed Georgia Army National Guard unit for Thanksgiving. Our veteran outreach coordinators organized the donations into care packages for this unit's men and women who won't be home with their families for the holiday. We also want to thank The Atlanta Chapter of Merging Vets and Players for their generous donation of packing supplies and care package items to make this sponsorship a success.



Give Today

Help EHVP Heal Invisible Wounds

Because of our donors' generous gifts, we have made incredible progress in serving veterans and service members over the past five years. Please consider helping us make the next five years as remarkable as the last by donating to the program.

Your gift will help transform and possibly save the lives of our nation's heroes.



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