

Services for Georgia's Military Families

No Cost Life-Enhancing Treatment

Family services provided by Emory Healthcare Veterans Program are free to qualified post-9/11 military service members, veterans and their families who are residents of or stationed in Georgia. The services may be offered in person or through telemedicine.

Who is Eligible?

All qualified post-9/11 service members, veterans and their families who are residents of or are stationed in Georgia are welcome. Family members may include romantic partners, parents, children, friends, caregivers and other support figures.

Service Options

Emory Healthcare Veterans Program is proud to offer two services for eligible military families, one for the whole family and another for couples.

Families OverComing Under Stress (FOCUS)

FOCUS provides resilience training to military families and couples facing adversity and stress related to invisible wounds and other family stressors. The six to eight session program helps families and couples overcome challenges and create a shared story to foster connection and support. FOCUS builds upon current strengths and teaches strategies to enhance communication, emotion management, problem solving and goal setting.



Service Options (cont.)

The Relationship Checkup

All too often, couples view counseling and therapy sessions as a last resort rather than a resource to keep their relationships on the right track. To remedy this assumption, the Emory Healthcare Veterans Program is excited to offer Arammu: The Relationship Checkup $^{\text{TM}}$, an annual assessment of romantic relationship strengths and pain points.

This service works in the same manner as an annual health checkup or similar—a brief session completed to "check up" on the relationship and provide personalized feedback for next steps and healthy practices moving forward. The checkup can catch small issues before irreversible damage is done.

"[It's helped us] to communicate with each other about things we might be thinking but did not necessarily know how to say out loud. It renewed our appreciation for each other."

— Relationship Checkup Participant

Contact Us Today

Veterans, service members and family members who are residents of or are stationed in Georgia and are interested in scheduling a Relationship Checkup or a FOCUS session may do so by calling 888-514-5345. For more information, visit emoryhealthcare.org/veterans.

